

Contact with Extra-terrestrial Civilisations  
by Frank Hoogerbeets

May 16, 2008

After translating into Dutch the message [“Change the World – decide whether we should show up”](#), I felt inspired to write down my personal thoughts and insights regarding extra-terrestrial life and extra-terrestrial civilisations, and I hope that others who read the above message and who have not yet integrated this concept within their lives, may get a better understanding and consequently perhaps more clarity as to how to interpret that message. In order to get a better understanding we should first have a clear picture of the current situation in which humanity on Earth finds itself. I ask the reader not to quit in the first or second paragraph and bother to read on.

At present there is so much (deliberate) confusion regarding many issues we are being confronted with daily, that it seems to be getting more and more difficult to tell positive influences from negative influences. If we look at the current situation in the world we clearly see the results of negative influences – negative thoughts and actions that lead to jealousy, competition, hatred, violence and the subsequent illnesses and fickle weather patterns. If there are conflicts and wars, we know through television radio and newspapers how such a war comes about; government leaders make certain decisions, like in 2003 when the American government decided to invade Iraq “to end the regime of Saddam Hussein and liberate the Iraqi people”. Most of us take those news reports for granted. Only a few think and see further and are capable of drawing the conclusion that throughout the years most government policies are inconsistent. Why was the Iraqi regime removed while Rwanda was allowed to commit genocide? Why are so many regimes in the world allowed to suppress and take away people’s freedoms? It just does not end up.

It leads one to suspect that a hidden agenda is being carried out of which common citizens know nothing about. Admittedly, more and more comes out and a growing number of scandals are being reported, but at the same time life seems to continue as though nothing has happened; the war in Iraq continues, violence between Israel and the Palestinians seems never ending, rain forests disappear like snow in the summer, pollution has reached irreversible heights, and more and more animal species are being threatened with extinction. One would get the distinct impression that forces behind the scene just do not know when to quit, while at the same time we still allow ourselves to be taken in by the show of friendliness politicians – those representatives we have “chosen” – put on. They say and promise a lot, but ALWAYS THE OPPOSITE HAPPENS and the situation worldwide deteriorates. This is not ignorance but unwillingness. Why do so many of us remain apathetic while our world is systematically being destroyed in such a way that soon the planet will be inhabitable? Such a worldwide apathy can only exist through manipulating mass consciousness, by manipulating thoughts on a very large scale, unless we should believe that man by definition is negatively biased and destined to cause its own annihilation. I refuse to believe that simply because most people want to do good and demonstrate by their very behaviour that they desire to interact and live in love and harmony with one another and with plant and animal life. Only a few of the six billion Earth citizens set out government policies worldwide, and they most certainly do not represent the wishes of the people. How much longer before we say: “enough!” ?

Most important in this discussion is the manipulation of our thoughts. This manipulation is so subtle that almost no one is aware of it. We think we are the master of our own thoughts without realising that certain, very specific thought patterns are being projected to us by means of very sophisticated technologies used through radio and television among others, as a result of which we are being kept in a constant state of apathy and hypnosis. If you do not believe this or find it far-fetched, then by way of experiment try to manifest your free will very forcefully and create free thought patterns which go against the ruling stream of thoughts of mass consciousness. You will see that the stronger your will, the more apparent the influence of energies on the brainwaves that try to keep you within well estab-

lished thought patterns. And if you manage to keep your will in the presence of these powers, wherever they come from, a battle starts, and continues until you have raised the frequency of your energy field sufficiently to rise above those harmful energies.

Rising above negative, harmful energy fields can only be done by manifesting love and by releasing all fear, however small! Through our heart we are always connected with the Unified Field, which connects all forms of consciousness in the cosmos. This field is the energy of Christ Consciousness that was grounded again two thousand years ago, a time when there was much darkness on the planet. The struggle being waged on Earth is caused by some parties who fiercely resist against this growing Christ Consciousness, and they really use all possible means to expel the Christ Consciousness from this planet, and the manipulation of human consciousness on an individual level is the most effective means they have to their disposal.

Who are these parties and what are their intentions? The above article and many other sources, like channelled (telepathically transmitted) messages from Light Beings and Masters specifically talk about groups of beings from other planets who have come to Earth to exploit the great riches of this planet, like gold and other precious minerals. They show little or no respect for human life and treat us as cattle to do with as they please. And just as we drive cattle, these beings try to manipulate and control us to keep us firmly in line so they can do with us and with the planet whatever they want. We could consider these beings as representatives of extra-terrestrial civilisations that deliberately choose not to connect with the energy of Christ Consciousness at this time. These are the so-called non-christed civilisations in our universe.

Opposite to these non-christed civilisations are the many christed civilisations that aim at the continuation of the evolution and growth towards higher levels of consciousness. Many representatives of these christed civilisations are close to Earth at these critical times to assist humanity in climbing out of the valley of ignorance and the subsequent human divagation. However, they will not do the work for us, we will have to do it ourselves and show from the heart that we want to end our course of life in ignorance. In our present evolutionary cycle we humans possess free will, and we will have to learn to use it! It means that we must clearly state what we want, individually, and that we should not give away our individual free will to leaders, representatives or other beings, for that would be asking for problems, as we can see from the current situation of our planet.

Exercising our free will has everything to do with the stage of adulthood humanity is entering now. Just like adolescents get in conflict with themselves and have to learn to express what they really want in order to reach maturity, humanity has been in conflict for a long time without creating a clear picture of the future for itself. If we had a clear futuristic view, we would never allow the planet and all her life forms to be so systematically abused and destroyed!

But next to our natural growth into adulthood there are several extra-terrestrial races who observe our evolution, many of which have good intentions, some of which have bad intentions. It is the races with bad intentions who show no respect for the human free will and try to control us in any way possible. Know however, that from a certain level of Creation the presence of these non-christed beings is allowed, and that the confrontation is of significance for their evolution as well as for ours.

The christed beings do respect our free will and would never do anything that would go against or would compromise our free will. That is why they do not interfere and let evolution on Earth take its course. However, what makes the situation complicated is that we can only exercise our free will if we can choose, and in order to choose we need at least two possibilities. If we on Earth perceive a one-sided and limiting reality due to all negatively applied technologies, without being aware of other possible realities, we do not have much to choose from and are always aware of only this one limiting reality that is being projected around us through mind-control. That is why it is of the utmost impor-

tance to diffuse information and knowledge, to let humanity know that other realities can also be experienced, and that we could change our present reality if we would choose to do so.

If we experience a single, limiting reality for a long period of time and are suddenly being confronted with phenomena from outside that reality, it can be very shocking, confronting and confusing. And that is precisely what happened from the moment positive extra-terrestrial beings decided to make their presence gradually known to humanity after the Second World War. Of course the negative extra-terrestrials, who operate invisibly behind the scenes, tried with all means possible to prevent a direct contact between humanity and these christed beings from the Pleiades and Andromeda among others. In the early fifties of the last century representatives of the Pleiadian civilisation made contact with several Earth governments, including the American government. They offered to help humanity with their spiritual development, but the American government was more interested in extra-terrestrial technology, for example how their ships operate and how they can travel such huge distances in a short time. When the Pleiadians refused, the American government refused their offer stating that it has its own agenda and does not want them to interfere with human affairs.

But still, in order to get its hands on extra-terrestrial technology the American government made a pact with the more negatively oriented extra-terrestrial races, two of which were the so-called “Greys” from the Zeta-Reticuli star system, and reptilians from Alpha-Draconis. This of course took place in deep secrecy, without the people being aware of it. Ever since, these negative beings with cooperation from the American government in particular, have been doing everything possible to hide the truth from humanity. Now and then there is a news report of UFO’s, but always in a way that we should not take it seriously, or with so much confusion that people lose interest. Only a small minority KNOWS that a lot more is going on, usually because of their telepathic connection or through actual physical contact with extra-terrestrial beings.

So there is a great dilemma for these positive extra-terrestrial beings. As long as a critical mass of humanity does not say YES wholeheartedly to the assistance they wish to offer, they will do nothing, even though the negative forces on the planet continue to carry out their agenda. This situation is being maintained by a small group of people within governments, banks and corporations, and they actually sell out humanity to these negative extra-terrestrial races while most of humanity is totally unaware of this. At the same time the lowest possible emotion – fear – is artificially being maintained to keep humanity in a state of paralysis, just as a spider paralyses its prey with poison in order to suck out its life blood. The only difference is, we do not realise that a web is being woven around us. Because of this fear there is also much confusion and people do not know what to believe, which side is ‘good’ and which side is ‘bad’. The only way to rise above this field of duality, is by attuning ourselves to our heart and to its portal that leads to Christ Consciousness. Once attuned, the heart simply knows which choice is right, and that choice cannot possibly be reasoned out by our physical brain.

The positive extra-terrestrials need a collective YES from us in order to appear. They need this YES to appear in public, at broad daylight. They are able and willing to help us, and their only motivation is to restore balance in this part of the universe and to cancel out the stagnation of cosmic evolution, which keeps them from continuing their development as well. If we would say YES, we would give the green light to join a confederation of planets, just as our confederation of states here on Earth. But as the situation is now, the negative forces will continue to spread confusion and discord to prevent us from changing our reality – the myth that we are alone and that humanity lives by the day without a clear picture of the future in mind. They will keep trying to distract our attention with money and empty sexuality, which is solely based on the attraction of the physical form. They will project holographic images of religious leaders, of a new Messiah, a ‘saviour’, so that people remain docile and keep looking for Christ outside of themselves, to prevent them from gaining power. They will see to it that people’s life conditions become more and more difficult and hopeless, that prices keep going up, until the despair is so great that people would crave for a ‘saviour’.

But we do not need to accept this scenario! We have been given our own free will by our Creator who LIVES WITHIN US. If only we know how to use it! No one else can give us power or strengthen our heart, not even the positively biased extra-terrestrial beings. We can and must give it to ourselves. But we can accept a helping hand to neutralise the negative forces on Earth at once, because by saying YES our limited reality would instantly burst and we would allow higher truths to enter into our physical reality. You do not have to say YES to those who have given the above message, whoever they are, because they deliberately remain anonymous to not move the focus to the outside but to let the message speak for itself. This way you can express your intention to say YES to the intervention by christed extra-terrestrial civilisations from your own Christ Consciousness. Then, potential negative beings will not have a chance to lead you up the garden path, and negative energies, especially fear, will not get a hold over you.

Your focus will determine your reality. If you focus on fear, whether consciously or unconsciously, you will attract the energies that come with it. If you focus on Light, you will attract Light. If you are firmly connected to yourself AND KNOW THAT EXTERNAL FORCES DO NOT INFLUENCE YOU AND DETERMINE YOUR THOUGHTS, then consider the message and feel if you want to say YES or NO. But be sure that your answer is really YOUR ANSWER.

In Love and Light,  
Frank Hoogerbeets